



FCCC NEWSLETTER

Play to Learn, Learn to Love

SEPTEMBER 2015

Director's News

Outdoor Play is Pivotal to Learning!

It has been a great summer and I hope you took time to take in some sun and relax with your children. It's amazing how children seem to grow in leaps and bounds during the summer months! It is something to be said for the positive effects playing outdoors has on a child's development. Outdoor play is pivotal as it promotes physical strength and dexterity, encourages creativity and imagination and socialization.

Many friendships develop during outdoor play as children with similar interests tend to gravitate to one another. Even our babies are engaged as they sit side by side in the buggies while teachers stroll them around the courtyard so that they can watch the activity of older peers. Fall is just around the corner and will bring about new opportunities to make connections with nature as the leaves change and fall to the ground and the wind blows and brings a chill to the air. I look forward to seeing children collecting leaves that are their



favorite colors or have appealing sizes and shapes. As a parent, I would advise you to check pockets before throwing school clothes into the wash!

Follow-Up to Staffing Changes for 2015/16 School Year

I just wanted to follow-up on staffing changes for the 2015/2016 school year.

Congratulations to Lea who was promoted to Group Supervisor in Puddle Jumpers.

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Care Bear News

Welcome to the new school year! The Care Bears are very excited to begin our new school year. First, we would like to welcome all of our new and returning families that will start this month. This month we will be focusing on getting to know the new children and continue our relationships with our current children.

With the weather still nice, we would like to continue with outside time and walks. Please remember to dress your child in weather permitting clothing, shoes, and sun hats.

Bear Cub News

Welcome to the New Year !

Our theme for this month is "Getting Acquainted" (getting to know me, my body, my family and friends). The teachers will be spending a lot of time sitting on the floor nurturing and observing the children. We will help them to adjust to their new environment, as well as helping them feel safe and happy. We will be introducing and continue reinforcing the expectations of the children in

Thank you

Wish list:

Children books

Bibs

Batteries



the Bear Cubs class such as: staying at the table with food, sitting for our socializing time and washing our hands in the sink. The children will be busy singing songs and reading books about our body parts, coloring, painting, pasting and playing games.

We would like to welcome Colin and Sullivan who moved up from the Care Bears class. They both joined us on September 1st.

We would like to say good luck to Bo, who moved up to

Things Parents are saying...

Hi Raechel and Eileen --

It's hard for us to believe, but we're closing in on our final days as a FCCC family. Leo and I were thinking that we'd like to do something nice for the whole staff to say thanks for the past 5+ years.

Thanks,
Ann & Leo

Friends Child Care Family!

I WILL NOT CRY...I WILL NOT CRY...I WILL NOT CRY!!!!...Okay, I'M CRYING!!!!. I knew this day would eventually come, yet it is still difficult! Being a parent is no easy job, but each one of you made the process easier for me as teachers

the Cuddle Cubs. We will miss him but wish him the best of luck.

Reminders:

Please label your child's belongings with their name (cups, bottles, food containers, lunch bags, jackets, hats, blankets, sheets, etc.). It will help the teachers keep track of your child's things.

Please sign your child in and out everyday.

Cuddle Cub News

It's a new season and we're off to a fresh school year. The Cuddle Cub teachers have worked hard cleaning, updating materials and getting our room in tip top shape for our new students. We are excited to welcome the new Cuddle Cubs and their families!

We would also like to welcome teacher Ericka to our Cuddle Cub family - welcome Ericka!

We know that transitions can be difficult and confusing but rest assured that we will do our very best to ensure that the acclimation and adjustment process is as pleasant as possible. Please feel free to contact us with any questions or concerns. The Cuddle Cub teachers are a chatty bunch so don't be shy!

We love to share the daily goings on with parents through email updates, texts and one on one conversation at drop off and pick up. We tend to take advantage of adorable photo opts during the day so that we can share them with you. We

understand that it is difficult to be away from your children all day and this is our way of trying to ensure you don't miss a thing. If you do not want to receive texts or photos, please let us know. Also, it is understood that NONE of these photos are shared on any social media site for any reason at anytime.

The theme for September is "Getting to know you and me!" We encourage all Cuddle Cub families to bring in family photos so that we can make collages that will be hung throughout the classroom so that the Cubs feel more at home.

We have a slew of art projects and activities planned for this theme as well as with all things autumn. All of which will be hung throughout the classroom for all to admire.

September is also national hon-

ey, rice, apple and children's good manners month. We will be working all of these themes into our lesson plans via art projects, discovery walks, sensory play, song and story-telling.

Please be sure to bring in:

Spare clothes (size and season appropriate)
Diapers
Wipes
Diaper Rash Creams and Powder
Sun-block

Happy birthday to:

Makaio 9/13
Vickie (teacher) 9/26

Best of wishes for this fall season from all the Cuddle Cub teachers!



Puddle Jumper News

Now that summer is coming to an end, we would like to welcome you into the new school year with lots of good change in the Puddle Jumper room. The teachers have been working very hard at rearranging the classroom and getting ready for the children to have a fresh new start to the school year.

We would like to give a big warm welcome to Baron and his family.

Our theme for this month is "All about me" which will in-

Triangle News

As September starts a new school year, the students are looking forward to new challenges, energetic adventures, and exciting learning experiences. We cheer for our Triangle friends, Jacob and Asha, as they move on and become Quads. We also say "welcome" to our new Triangle, Aarnav from the Puddle Jumpers.

Our Triangles' theme for the month is "Getting To Know One Another." We'll be learning about ourselves, our friends, our environment and our neighborhood with interests focused on friendship, respect, sharing, and being part of a team. Along with working in pairs/groups when building with LEGOS, putting together puzzles, or creating with Play-Doh, Triangles will share sto-

clude the 5 senses, my body, my family, & I love me. We will base our projects, social time, & books to help us learn more about ourselves. If possible, could families please bring in a couple of family photos so that we can work on our family collage? Thank you!

Just a few reminders to our families: please make sure to wash your child's hands when arriving in the morning and departure in the afternoon. We are trying to keep the germs out!!

Now is a good time to check your

ries of themselves and their families. The students will play games focusing on team work, take a "wacky walk" around the FCCC neighborhood, and do art projects highlighting camaraderie such as "Sharing the Summer," "Friendship Art," and "Hand Prints."

Among the books emphasizing our September theme are "Frederick" by Leo Lionni, "Leo the Late Bloomer," by Robert Krauss, "Each Kindness" by Jacqueline Woodson, and "The Snail and the Whale" by Julia Donaldson.

A few reminders - please make sure that all Triangles have weather appropriate spare clothes in their cubbies, along with underwear and socks. All items need to be labeled with your child's name.

child's extra clothes bin for weather appropriate & correct sizing.

We are looking forward to a great year. Best wishes from all the Puddle Jumper teachers.

Happy Birthday Elijah on 9/26!



Although the month is September, the sun continues to shine (and burn), please continue to keep a tube of sunscreen in the classroom. Parents should apply sunscreen to their Triangle before arriving at school in the morning. Sunscreen will be reapplied during the day as needed. Please remember that the B Space is "Nut Free."

Finally, FCCC will be closed on Monday, September 7th for the Labor Day Holiday, and Friday, September 25th for a city-wide event.

Quad News

Our theme for the month is "Getting to know you".

Throughout the month, we will learn about each other's family and look at our body from the inside out. We will discuss ways of keeping our body healthy. We will have Gym days where we will exercise by riding tricycles, lifting weights (small water or yogurt bottles filled with water or sand), Jazzercise, jog and run.

In addition, we will prepare healthy foods and discuss some of the contents (vitamins, protein, fats and mineral) in our food and what these contents do for our body. Aside from this, we will create artwork that represent our body. We will count and name some of our body parts including organ and bones.

Next, we will discuss their function. Also, we will learn some medical terms such as fracture, sprain, clot, dehydrated, dislocated, cardio, and

pulmonary. We have dramatic play (visit to the doctor). Children will have to sign in on the clip board in the doctor's office and wait in the waiting room area of a doctor's office. Next, they will see the doctor (another child) who will use doctor's tools to perform a check-up. They will learn the names of these tool's and what each tool is used for. Finally, children will use their five senses to describe different objects.



CONGRATULATIONS MARKITA!!!

WE LOVE YOU :)



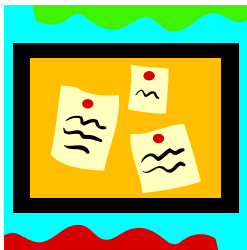


Upcoming Events

- ◇ Photo Days: Tuesday, October 13 & Wednesday, October 14
- ◇ Parent/Teacher Conferences: October 19-26
- ◇ Harvest Festival: Friday, October 30



Announcements & Reminders



Every Wednesday is **pizza day**.

°Check children's mail slots every day.

form and drop it in the right side slot. Please return borrowed materials in a timely fashion, so that others have an opportunity to borrow as well. Visit www.librarything.com, Username: fccc, Password: 1501cherry for a list of books in our library.

°Additional **Parking Placards** are available in the FCCC Office, 2nd Floor of the C space.

°Friends Child Care Center is on **Facebook**. Check us out for upcoming Fundraising Events.

<http://www.facebook.com/pages/Friends-Child-Care-Center/197767671575>

°**Resource Library: CHECK IT OUT**

Parents and teachers are welcome to borrow books from our resource library in the B space alcove. Please complete the borrower's

School Closings:

- Monday, September 7—Labor Day
- Friday, September 25—City Event
- Wednesday, November 11—In-service Day

Director's News (Continued)

Congratulations to Ericka Davis who is now the full-time assistant teacher in Cuddle Cubs.

Congratulations to Cordella who is now Group Supervisor in Quads.

Best wishes to Teacher Robin whose last day at FCCC will be on September 8th. We appreciate the love and care she has provided to children and families throughout her 5 year tenure.

Best wishes to part-time assistant teacher Kiyana who is moving and is returning to school full-time for nursing.

In September, Teacher Markita at some point will give birth and go on maternity leave for 3 months. Teacher Erica will be acting lead during her absence and Teacher

Ashley will join the Care Bear team until Markita's return.

The hiring process for part-time assistant teachers is underway and we hope to have the positions filled soon.

Security Update

The FOB system has been activated and seems to be going well. We have ironed out glitches and front desk procedures to ensure everyone's safety. Please show your key FOB upon entering the building and proceeding to the child care

Papal Closures/Early Dismissals

FCCC will be closed Friday - September 25th & Monday - September 28th due to travel restrictions and road closures. In addition, we will close at 5pm on Thursday - September 24th as we anticipate the beginning of traffic

woes as the city prepares to set up the perimeter. Decisions were made based on information received by community partners in the area with connections to City planners and the FBI. Please mark your calendars with this update and thank you in advance for your understanding.

Have a great month of September!



Raechel



Allergy Information & Health Policy

Classroom Allergy Alerts:

NUT FREE CLASSROOMS:

CUDDLE CUBS AND PRESCHOOL

»Please be sure to check the expiration dates on your child's epipens (and all other medications). All medications should move with a child into their new classroom when they transition.

»Please be sure to wash both you and your child's hands immediately upon arrival into your child's classroom.

Illness Policy:

It is in the best interest of the

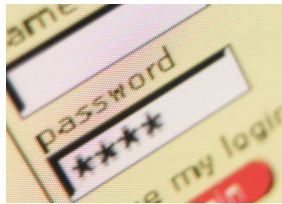
children and staff that everyone participates in reducing the spread of illness and maintaining a healthy environment. FCCC bases its health and wellness policies in accordance with DPW Regulations and the American Academy of Pediatrics Caring for Our Children Performing Standards. Please call to inform us whenever your child will be absent due to illness. Your child may not be brought in for child care unless she/he is able to participate fully in all activities including outdoor play. You will need a back-up plan you can use when your child is sick.

Please be alert for pre-illness symp-

toms such as lethargy, glassy eyes, diarrhea, fever, etc., and keep your child home if she/he seems to be coming down with something.

When a child has been diagnosed with an infectious (contagious) illness, FCCC issues an Infectious Disease alert via email to the affected classroom. If multiple cases occur throughout the Center, a center-wide notification will go out via email. The identity of the child will not be given and personal information will be kept confidential.

FCCC Website Information



Be sure to visit our website at www.friendschildcare.org to download forms, check out calendar events, and visit the classroom portal to see what is happening in your child's classroom. Parent Password is 'letmein.'

Thank you for helping to make FCCC the best it can be.

Meet Our Staff

Care Bears Teachers:

Markita, Toni, Erica, Kyra, Nathalie

Bear Cub Teachers:

Michelle, Linda, Andrea

Cuddle Cub Teachers:

Shannon, Barbara, Vickie, Ericka

Puddle Jumper Teachers:

Lea, Jeanette, Zakiyah, April



Preschool Teachers:

Teresa, Cordella, Missy, Bjay

Floater:

Ashley Osborne

Subs:

Gail Centola

Administration:

Rachel, Susan, Eileen

Fundraising at FCCC

Throughout the year, parents will be asked to support fundraising through volunteerism and participation. There are many ways in which you can be supportive.

Provide baked goods for bake sales.

Actively seek donations and company sponsorship for annual auction event.

Volunteer to be a fundraising

cheerleader for your child's classroom.

Seek to meet minimum family participation levels for small fundraisers held throughout the year.

Fundraising Events:

If you have any suggestions on Fundraising ideas, please don't hesitate to let us



know. Also, if you are interested in volunteering on the Fundraising Committee, please notify the office. We would love your help!

T-shirts are now available in the FCCC Office for \$14.00/each.

Things Parents are saying:

for Jaida! I truly do thank you all from the bottom of my heart for every show of affection, messy art activity that STAINED JAIDA'S clothes ☹️, word of advice, parental encouragement and most of ALL, helping to prepare Jaida for her journey at ICS! Change is hard for me, yet I acknowledge its inevitability.

With that being said, I often hear people say "This is not GOODBYE" during moments such as this, but eventually end up disappearing forever! Best believe, JAIDA & SHAHAAD WILL STAY CONNECTED TO FRIENDS in some way, shape, or form!!! Although they are no longer there, I still believe to my core that it

takes a village to raise a child!
You ladies will forever be in that village! ❤️☹️

Lameika Headen-Jones

Bake Sales

FCCC runs semi-annual bake sale fundraisers throughout the year to help offset programming costs. We look to our families to volunteer to help with these events.

Upcoming 2015-2016 Bakes Sale Schedule: weeks of

November 16-20

January 11-15

March 14-18

May 9-13

Families are asked to sign up to bake goods to be sold in the Friends Center Lobby to building tenants and visitors.

Bakes sales run from 8:00am-3:00pm daily. Please provide a list of ingredients in order to maintain safe options for all those with food allergies.

Parents are also needed to help table-sit during these bake sales.

We appreciate your support.





Friends CHILD CARE CENTER

Play to learn, learn to love



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FRIENDS CHILD CARE CENTER

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Finance	(215) 241-7011	fcccfinance@friendschildcare.org
Care Bears	(215) 241-7013	carebears@friendschildcare.org
Bear Cubs	(215) 241-7012	bearcubs@friendschildcare.org
Cuddle Cubs	(215) 241-7027	cuddlecubs@friendschildcare.org
Puddle Jumpers	(215) 241-7007	puddlejumper@friendschildcare.org
Triangles	(215) 241-7012	triangles@friendschildcare.org
Quads	(215) 241-7012	quads@friendschildcare.org